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Dear Parents, Daughters, Sons, Mothers, Fathers...

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Dr. Jyoti Gupta

Consultant Physiotherapist

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MIAP, MCSP (UK), MPGOP (UK)
CPAC (SINGAPORE)
TRAINED AQUA THERAPIST (UK)
MEMBER, WORLD YOGA FEDERATION

Dr. Jyoti Gupta (PT) is affiliated with

- Chartered Society of Physiotherapists, England
- HCPC (UK) Licensed
- Member, Pelvic, Obstetric, Gynecological Physiotherapy Group



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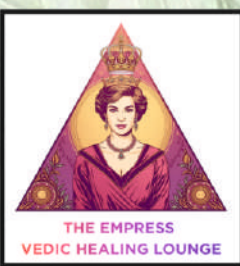


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Passion Taekwondo Academy, established in 2010, is one of India's leading centers for Taekwondo excellence. Under the guidance of Head Coach Mahesh Thakur, along with Coach Kunal Thakur—one of India's finest fighters trained at the National Centre of Excellence, Lucknow (SAI)—we have developed numerous national and international medalists. Our proud achievers include international medalist Bhumika Rana and many national champions. With disciplined training, expert coaching, and a champion mindset, we aim for Olympic success. We are actively searching for new talent with passion and dedication to shape future champions. Join us to train, grow, and achieve greatness.

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INDIAN JAMES BOND

AJIT DOVAL

भारत के राष्ट्रीय सुरक्षा सलाहकार (NSA) और देश के सबसे सम्मानित 'जासूस' (Spymaster) माने जाने वाले अजीत डोभाल (Ajit Doval) भारतीय सुरक्षा तंत्र का वह अभेद्य दुर्ग हैं, जिनके नाम मात्र से ही सीमा पार हलचल मच जाती है। 1968 बैच (केरल कैडर) के पूर्व आईपीएस अधिकारी डोभाल जी ने अपनी बुद्धिमत्ता और रणनीतिक कौशल से भारत की सुरक्षा नीति को एक नई और आक्रामक दिशा दी है। अजीत डोभाल जी का करियर साहस, गुप्त अभियानों (Covert Operations) और राष्ट्र के प्रति अटूट निष्ठा की एक ऐसी गाथा है, जो आने वाली कई पीढ़ियों को प्रेरित करती रहेगी। प्रमुख गौरवपूर्ण उपलब्धियाँ और योगदान: * कीर्ति चक्र विजेता: वे भारत के पहले ऐसे पुलिस अधिकारी हैं, जिन्हें सैन्य सम्मान 'कीर्ति चक्र' से नवाजा गया। यह सम्मान उन्हें उनकी अदम्य वीरता और शांति काल में किए गए असाधारण कार्यों के लिए दिया गया। * पाकिस्तान में 'अंडरकवर' (Undercover) मिशन: उनके करियर की सबसे चर्चित कहानियों में से एक यह है कि उन्होंने लगभग 7 वर्षों तक पाकिस्तान में एक मुस्लिम बनकर 'अंडरकवर' रहकर महत्वपूर्ण खुफिया जानकारियाँ जुटाईं। उनकी यह पहचान इतनी पुख्ता थी कि कोई उन्हें पहचान नहीं पाया। * ऑपरेशन ब्लू स्टार और स्वर्ण मंदिर: स्वर्ण मंदिर के भीतर छिपे आतंकवादियों की जानकारी जुटाने के लिए वे एक रिक्शा चालक बनकर अंदर गए और आतंकियों के बीच घुल-मिल गए। उनकी सटीक जानकारी ने सेना के अभियान को सफल बनाने में बड़ी भूमिका निभाई। * मिजोरम और उग्रवाद का खात्मा: उन्होंने मिजो नेशनल फ्रंट के विद्रोह को शांत करने में अहम भूमिका निभाई। वे खुद उग्रवादियों के कैंप में गए और उनके नेताओं को मुख्यधारा में शामिल होने के लिए राजी किया। * 'डोभाल डॉक्ट्रिन' (Doval Doctrine): एनएसए के रूप में उन्होंने 'रक्षात्मक-आक्रामक' (Defensive-Offensive) नीति अपनाई। सर्जिकल स्ट्राइक (2016) और बालाकोट एयरस्ट्राइक (2019) उनकी इसी रणनीति का हिस्सा थे, जिसने दुनिया को भारत की नई ताकत का अहसास कराया। "राष्ट्र की सुरक्षा के साथ कोई समझौता नहीं हो सकता। शांति केवल बातों से नहीं, बल्कि अपनी शक्ति के प्रदर्शन और सुरक्षा की तैयारी से आती है।" — अजीत डोभाल जी का यह दर्शन 'नए भारत' की सुरक्षा नीति का आधार है।

संक्षिप्त आंकड़े (Quick Glance):

- * पहचान: 1968 बैच के आईपीएस अधिकारी, वर्तमान एनएसए (भारत)।
- * विशेषता: खुफिया रणनीति (Intelligence), काउंटर-टेररिज्म, कूटनीति, निडरता।
- * योगदान: आईबी प्रमुख (पूर्व), सर्जिकल स्ट्राइक की योजना, कश्मीर में शांति व्यवस्था, सीमा सुरक्षा का सुदृढीकरण।
- * विरासत: एक ऐसे व्यक्तित्व के रूप में जिन्होंने भारत की 'इंटेलिजेंस' (Intelligence) को दुनिया के सामने एक ताकतवर हथियार बनाया।

अजीत डोभाल जी का व्यक्तित्व इस बात का प्रमाण है कि एक अकेला व्यक्ति अपनी बुद्धि और साहस से पूरे देश की किस्मत और सुरक्षा की दिशा बदल सकता है। वे भारत माता के वे रक्षक हैं, जो खामोशी से अपना काम करते हैं। उन्हें हमारा कोटि-कोटि नमन!



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